

## Support Crew – 50k

It is imperative that support crews familiarise themselves with this document and it is advised that support crews attend the Friday night pre-race briefing.

Participants should estimate how long each leg will take so that support crews can schedule when to meet you at the allowed checkpoints.

Support crews are not compulsory and runners can self-support at the event by making use of the drop bag service at checkpoints 3 and 4. If you do choose to use a support crew, they are only permitted to assist runners at the following locations:

CP2 (start/finish) – QCCC

CP3 – Near Gheerulla Camping and Trail Bike Area. Access via Sam Kelly Rd

CP4 – Mapleton Day Use Area (MDUA)

NO support crew vehicles allowed at CP4 until after 9:00 pm.

A shuttle bus will run continuously from the QCCC to CP4 from 9:00 am to 9:00 pm

CP2 (Mapleton QCCC) – This is also the Start/Finish area.

Support crews can meet their runner behind the Start/Finish chute.

Park in the designated parking areas. (see 'Parking' section)

CP3 (Near Gheerulla Camping and Trail Bike Area) – Driving distance from QCCC to CP3 is 26.5km, approximate driving time 35 minutes.

From the entrance of QCCC turn left and head along Obi Obi Rd until you reach Eumundi-Kenilworth Rd. (approx. 19.5km)

Turn right. Follow Eumundi-Kenilworth Rd (approx. 5km) and turn right onto Sam Kelly Rd (you will cross a cattle grid here). Sam Kelly Rd is a dirt road, please drive slowly and be aware of roaming cattle.

Drive until you reach a second cattle grid (approx. 2km). DO NOT drive past this cattle grid. There is an area on the right to park.

It's an 800 metre (easy) walk from the cattle grid to the CP3. After you cross the cattle grid veer right and follow the Great Walk signs.

CP4 (Mapleton Day Use Area)

Support crew vehicles will not be permitted at CP4 until after 9:00pm.

Access to CP4 will be provided by the free shuttle bus service. The service will run from the bus stop on Obi Obi Road, (adjacent to the QCCC opposite Wandoo Court) to CP4, from 9:00am every 15 minutes.

### Crew Rules

1. Support crews are not permitted to encroach on checkpoint procedures. No Support Crew should enter any checkpoint area unless requested to do so by checkpoint officials.
2. Crews should be familiarise themselves with all rules and conditions of the event.
3. Everyone involved with the event must comply with all instructions from race personnel at all points along the event route and its access, or risk disqualification of their runner.
4. A crew member is defined as any individual who provides material support to a participant in the event.
5. Crews may meet their runner or assist them only at checkpoints specifically designated for crews.
6. Crews must wait to assist their runners until after the official check-in and medical evaluation (where applicable).
7. Crews must stay within 200m of the checkpoint while attending to their runners.
8. Crews will be limited to one vehicle per competitor at all checkpoints.
9. All access roads are gazetted and are subject to standard road rules. No matter how fast a runner may be, it is possible for crews to arrive at all major checkpoints without breaking speed limits.
10. Crews must never park in such a way to block traffic, access to the trail, checkpoint or by double parking.
11. Strictly No Pets. Domestic animals aren't permitted in National Park areas
12. No littering. Crews are responsible for removing their rubbish.
13. Competitors will be held responsible for the actions of their crews.

